

PROCEDURE LIST

MEMORY PALACE

1. Choose a room in your house and go physically to that room. You are going to walk around the room stopping at objects where you will mentally imagine images to go with what you are memorizing.
2. Begin breaking down the piece you are memorizing into short chunks -- say part of a line or a line at a time-- and working with the child come up with images for each location to help you remember the lines. The wackier and weirder the image the better. Let your kids help choose the images.
3. Every time you add a chunk of information and an image, go back to the beginning and move about the room repeating up to where you have gotten to in your piece. Repeat until you have finished the piece. Feel free to break larger pieces up into multiple days for times sake.
4. Once your child can recite the piece completely while moving about the room and stopping at each location, then ask them to do it while seated at the table or in another location. See if they can visualize the location instead of being in it.
5. Once a piece is learned you will want to include it in a regular review period. Add it to a monthly or term rotation for review.

