

FIVE SENSES SURVEY & RITUAL PRACTICES

INSPIRED BY DR. CHRISTOPHER PERRIN

Sit in silence and take a look around your school/Morning Time space and consider the usual atmosphere there during a Morning Time. Take an inventory using all five senses. Now consider how you might make small changes to your space to create a place of beauty for your learning.

Sense	Ideas for For Restful Learning and Ritual
Sight	
Sound	
Taste	
Feel	
Smell	

Now consider the order of your worship service — the customs, types of songs or readings, and prayers. Jot down a few ideas how you might incorporate some of these into the ritual of your Morning Time to prepare your family for learning each day.

